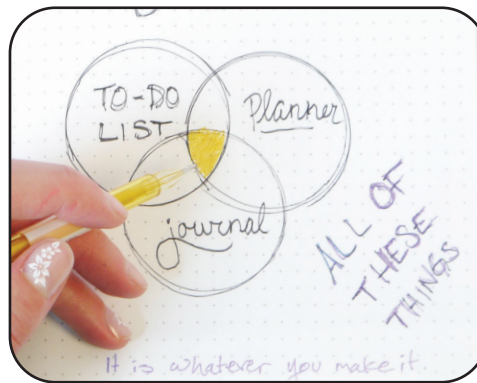


WHAT IS A BULLET JOURNAL?



Basic List Key

- To-Do
- × Done
- < Scheduled
- > Pushed ahead
- Note
- Event

WHY WOULD I START ONE?

Keep track of future goals, daily tasks, the month ahead, books and movies you're interested in, and more!

HOW DO I START ONE?

1. Get any journal (many use a dot-grid, but it isn't necessary, it just helps you keep things lined up)
2. Start making lists! (Use Basic List Key)

If you want to have MORE organization...

3. Number your pages (10 or 20 at a time until you run out will work just fine)
4. Keep the first 2 pages blank for your index
5. Use the next 4 pages for a Future Log (a year-long picture for birthdays and things you'll know about months ahead of time)
6. Keep the next 2 or 4 pages blank to fill in later with interesting things like books, movies, netflix series, music, etc.
7. Begin with whatever month you are in (no need to wait for January, you can do this!) take one page to write out the monthly calendar and one page to write out the tasks

TIPS

- You can have your journal be as fancy or as simple as you like. No need to do cursive (unless you want to of course!)
- Use Washi Tape to highlight titles, cover mistakes, and tape on the side as tabs
- Many bullet journalers use pages for each month or even the year to keep track of their habits, daily gratitude, the weather, etc.
- More at PortersOnline.com/bullet-journal